



**GOVERNMENT OF WEST BENGAL  
OFFICE OF THE PRINCIPAL**

Govt. Physical Education College for Women, Hooghly  
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(NCTE RECOGNIZED)

Date- 14.06.2024

N-49/24

**NOTICE**

This is to inform you all that the International Yoga Day will be celebrated with a series of following programmes on and from 21<sup>st</sup> June, 2024 to 23<sup>rd</sup> June, 2024.

SL. NO.	DATE	EVENT	TIME
1.	21.06.2024	a) Yoga Practice	7.00 AM
		b) Inauguration of Yoga & Meditation Centre Collaboration with Heartfulness Institute	3.30 PM
2.	22.06.2024	Yoga & Meditation Practice	3.30 PM
3.	23.06.2024	Yoga & Meditation Practice	3.30 PM

Dr. Biswajit Bhunia, Associate Professor and Dr. Sangita Banik, Assistant Professor are requested to act as Programme In-charge and Programme Coordinator respectively.

All Students, Teaching and Non-teaching staff of the college are cordially invited to take part on the said International Yoga Day Celebration and make it a grand success.

*Shyama*  
Principal 14.06.2024

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